

The Faith Factor



By Byron Johnson
Director, Baylor Institute for Studies of
Religion
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INSTITUTE FOR
Studies of Religion
BAYLOR UNIVERSITY

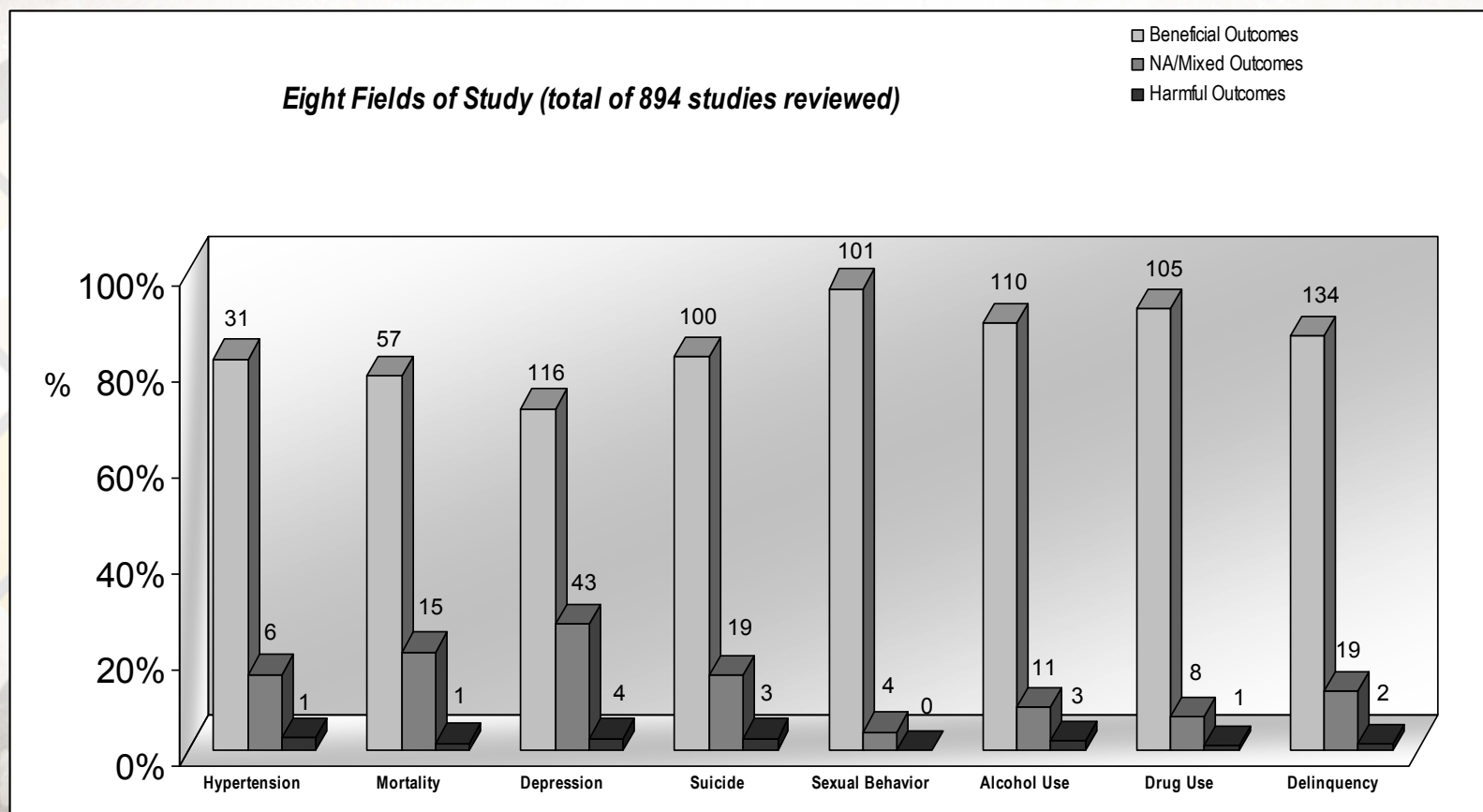


Religion & Health Outcomes

- Hypertension
- Mortality
- Depression
- Suicide
- Promiscuous sexual behavior
- Drug & alcohol use
- Crime & Delinquency



Figure 1. Research Examining the Relationship between Religion & Health Outcomes



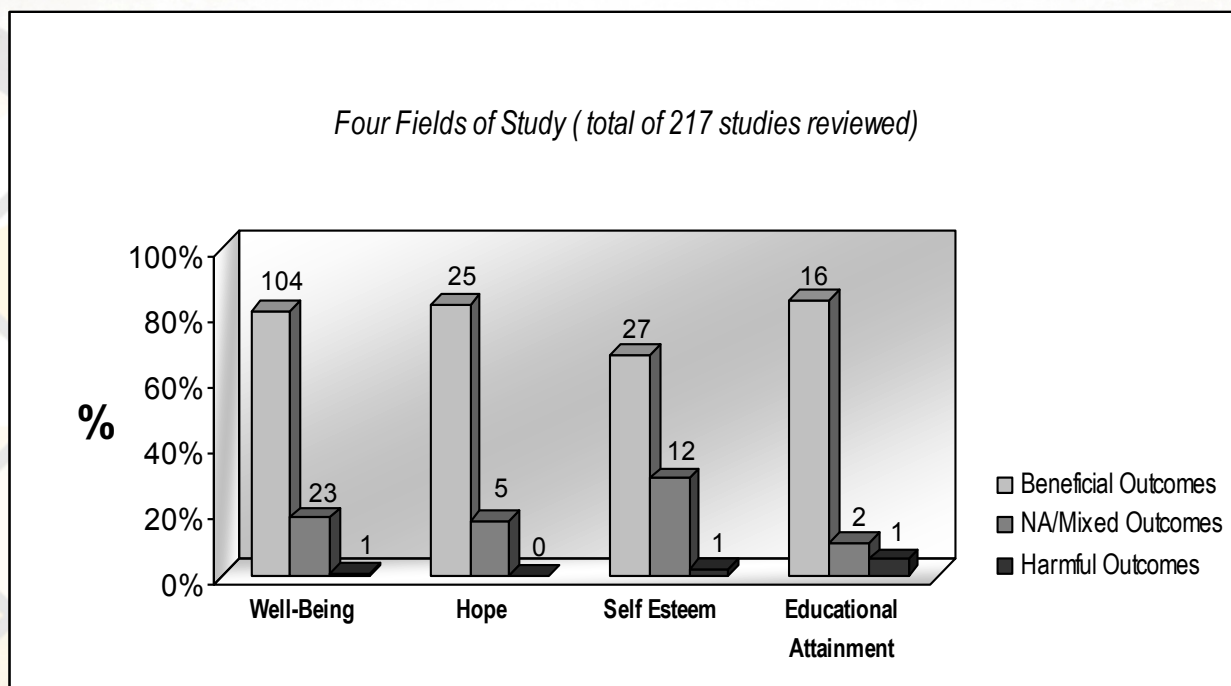


Religion & Prosocial Outcomes

- Well-Being
- Hope/Purpose/Meaning in Life
- Self-Esteem
- Educational Attainment



Figure 2b. Research Examining the Relationship between Religion & Prosocial Outcomes



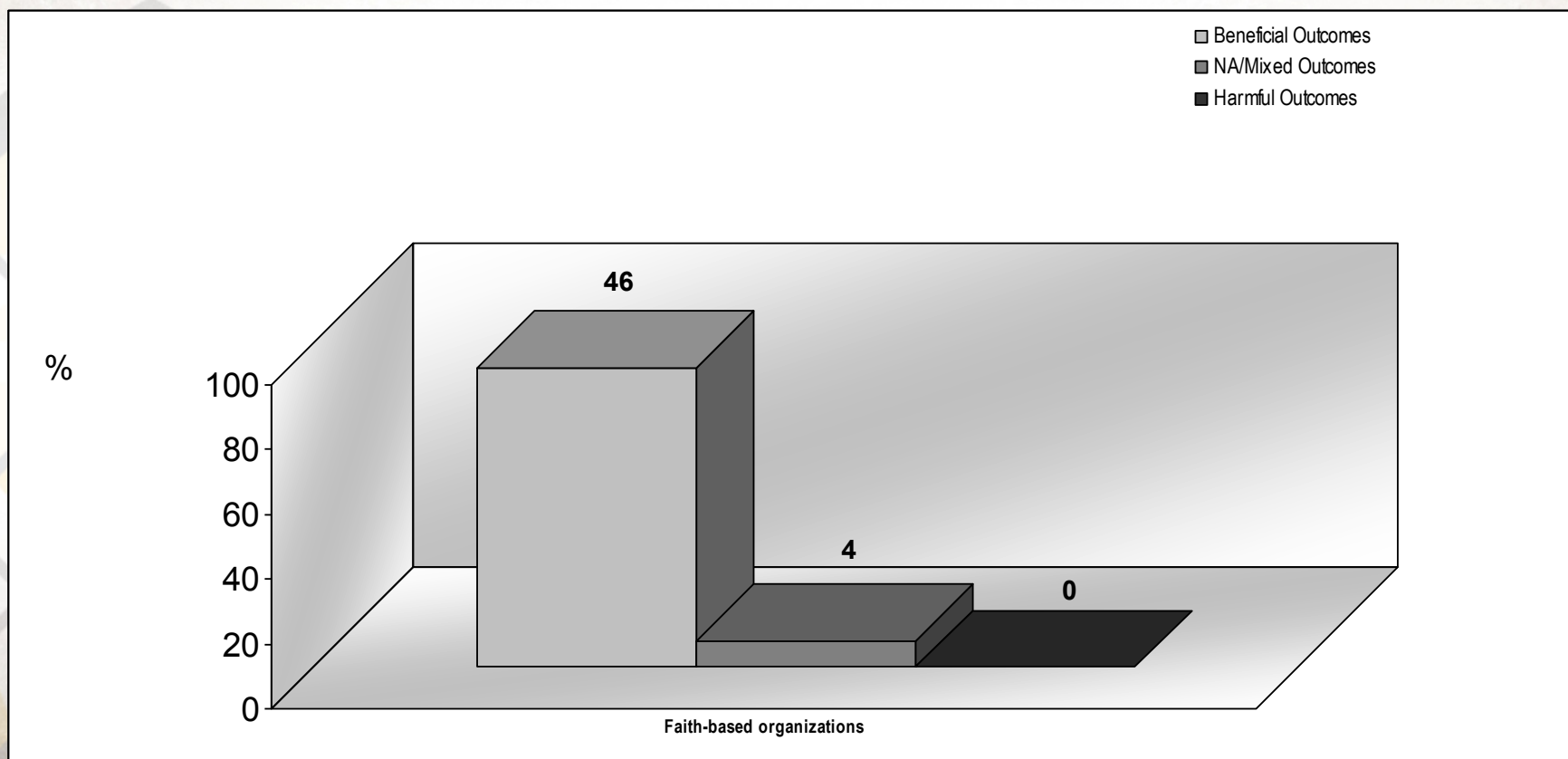


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- This review provides overwhelming evidence that higher levels of religious involvement and practices make for an important protective factor that buffers or insulates individuals from deleterious outcomes.
- This review of studies on religion documents that religious commitment or practices make for an important factor promoting an array of pro-social behaviors and thus enhancing various beneficial outcomes.



Figure 3. Research Examining the Effectiveness of FBOs





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